



## Fresh and Delicious

Hot Meals, Baguettes,  
Sandwiches, Paninis,  
Pasta Pots and Salads



## Beverages

From 30p

- Tea
- Coffee
- Hot Chocolate
- Cold Drinks
- Flavoured Tea

## January Week 4

### Monday 23 January

Pork meatballs  
Cheese Whirls  
Mash or sauté potatoes  
Peas, sweetcorn or salad

### Tuesday 24 January

Beef casserole  
Macaroni Cheese  
Boiled new potatoes  
Broccoli, coleslaw or salad

### Wednesday 25 January

Cottage Pie  
Cheese & potato pie  
Pommes or fondant potatoes  
Cauliflower, green beans or salad

### Thursday 26 January

Roast Dinner  
Stuffed peppers  
Roast or croquette potatoes  
Sprouts, carrots or salad

### Friday 27 January

Crispy chicken and fiery chilli sauce  
Pineapple & red pepper curry  
Spring roll, oriental veg or salad  
Noodles, rice or chips

ALL MEALS ARE ACCOMPANIED WITH SEASONAL VEGETABLES AND POTATOES, INCLUDING DESSERT FOR £2.30



## Meal Deal £2.30 You can choose

Hot Meal + Dessert (Hot or Cold)

Or

Plated Salad + Dessert



## Breakfast

We've also got a breakfast menu ready for you including

Cereal - Yoghurts - Cooked items

4 piece breakfast £1.15



## Daily

Sandwiches	from £1.00
Large baguettes	£1.85
Theo's wraps	£1.85
Panini	£1.85
Jacket Potatoes	90p
• 1 filling	£1.30
• 2 fillings	£1.60