

# QEMS INSIDER

September 2018: Issue 1

*Welcome!*

Here we are at the start of another academic year.

Our new Year 7s are settling into their new school life at QEMS wonderfully.

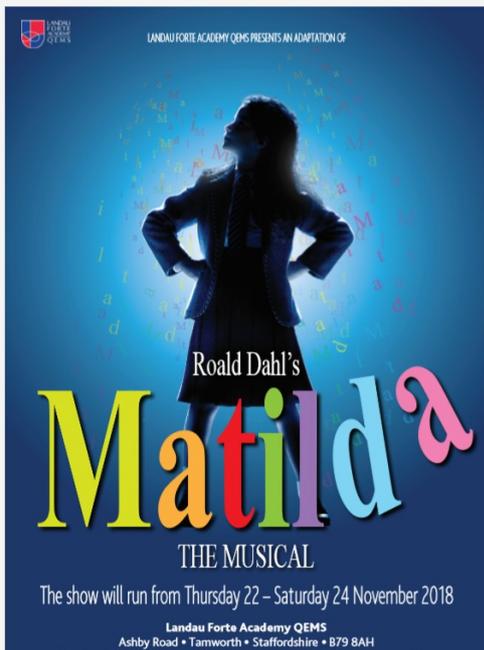
We would like to welcome you to our QEMS Insider Newsletter. This is designed to keep you up to date with some of the exciting events we have coming up, along with student successes and news!

Well done to all of our students for making an excellent start to the new term.

**Matilda!**

Our production this year will be an adaptation of Matilda and will run from Thursday 22 - Saturday 24 November.

We will be releasing information of how you can purchase tickets soon. We hope that you will be able to come and see our talented students perform.



**Attendance**

The whole school attendance to Friday 21 September 2018 is 96.3%.

Year 7 98.1%    Year 8 94.3%    Year 9 95.6%

Year 10 96.5%    Year 11 96.7%

Our whole school target is 96%.

**QEMS Dates for the Diary**

Monday 15 October	Y11 Information Evening
Thursday 18 October	Y7 Magical Musical Journey
	Y7 Settling in reports issued
Friday 19 October	Term ends
Monday 5 November	Term begins
Monday 5 November -	Year 11 PPES
Friday 16 November	

**A special well done to.....**

**Maths Star of the Week**

Year 10 - Maddison D

Year 11 - Kyle B

**Art Stars of the Week**

Year 7 - Ted H  
Harry S

Year 8 - Bryn B  
Sukie K

**English Star of the Week**

Year 8 - Dana V



**What a star!**

Gracie, one of our Year 7 students has been chosen, after many auditions, to be part of the Dick Whittington Panto at the Lichfield Garrick theatre. She could be playing up to 25 parts within the performance that runs from the 29 November to the 31 December. Well done Gracie!

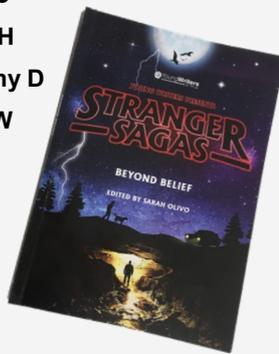


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Huge congratulations to the 19 students from Year 8 whose stories have been published in the 'Stranger Sagas' collections from Young Writers. The students have written a collection of thrillers and mysteries with titles such as 'Mystery Underground' (Ruby W) and 'The Scream (Ben M) to tempt the readers in. All of the students have received their own complimentary copy as evidence of their fantastic accomplishments. We are very proud of the students listed below:

- |           |             |           |
|-----------|-------------|-----------|
| Jack C    | Marcus F    | Jude O    |
| Luke P    | Phoebe U    | Jacob C   |
| Jack B    | Evan S      | Kaitlin H |
| Cecelia C | Ewan S      | Harmony D |
| Charlie C | Ben M       | Izabel W  |
| Jasper W  | May Y       |           |
| Ruby W    | Hannalore H |           |



## D of E Bronze Award

A huge well done to our Duke of Edinburgh students who achieved their Bronze Award. After months of hard work and commitment they completed their award with a presentation about the wildlife to parents and members of staff. Members of the team are looking to start the Silver Award this term.

This year's Bronze Award students have got off to a fantastic start after their first adventure in the Peak District.



## Young Teen Fiction Book Award

Some of our students attended the annual Celebration Day for the **Young Teen Fiction Book Award**, held at RAF Cosford in Telford. They enjoyed their day taking part in a book quiz, meeting famous authors and getting their books signed by them. The day was the culmination of the voting for the most popular book. They saw their book of choice, **The Nearest Faraway Place by Haley Long** voted the winner.



**Leonie G and Jessica L** both won Reading Champion Awards. They were presented with their awards by Mr Morley, Deputy Lord Lieutenant of Staffordshire.

Students got to meet Tamworth author Ben Davis and Philip Caveney aka Danny Weston — Author of **Scarecrow**.

**Well done to our quiz team who came third on the day!**



Bookbuzz is a reading programme from Book-Trust that aims to help schools inspire a love of reading.

We will be giving Year 7s the opportunity to choose their own book to take home and keep.

If students would like some more information they can find Mrs Clayton in the Library.



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## Year 11 Geography Physical Fieldwork – Carding Mill Valley

On Wednesday 5 September our Year 11 students travelled to Carding Mill Valley to embark on their physical fieldwork. They investigated river systems collecting vital information and data needed for their Geography GCSE. The students got their wellies on to get stuck into measuring the rivers depth, cross profile, velocity and samples of bed load.



## Le quatorze juillet!

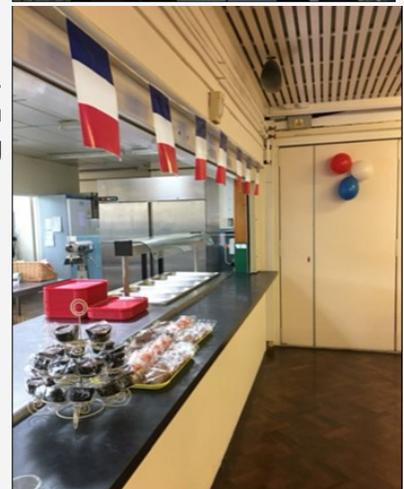
At the end of the summer term, students enjoyed learning about one of the most important celebrations in France – le quatorze juillet (14<sup>th</sup> July), otherwise known as Bastille Day.

In their language lessons, students saw examples of how French people like to celebrate, learnt about the history of the French Revolution, and created pieces of work which not only showed how much they had learnt, but also their fantastic knowledge of the French language!

Bastille Day was also celebrated in other subject areas such as Maths where they had French-themed activities and decorations of the ‘tricolore’ (French flag colours) were displayed around the school. In the restaurant, students ate French food and enjoyed listening to music from popular French artists.

We are looking forward to celebrating Bastille Day again next year!

We celebrated European Day of Languages on Wednesday 26 September. Students learnt facts about different languages and had some tasters of these in their language lessons, as well as learning about the importance of learning languages and how it can shape their future.



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## WELL DONE!

"Well done to Group 10/A and Group 10/D for their excellent start and positive attitude in GCSE Food Preparation and Nutrition" from Mrs Morgan.

### 10/A

Ellie B  
Natasha B  
Maddison D  
Katie E  
Morgan M  
William R  
Joshua R  
George R  
Sara S  
Connor W  
Maria W

### 10/D

Megan A  
Chloe F  
Leah G  
Will G  
Rebecca M  
Kyle R  
Ethan P  
Charlotte P



## WELL DONE!

"Well done to 8S for a positive start in the DT Jigsaw Project" from Mrs Berg

Baran A  
Lily A  
Thomas B  
Courtney B  
Harrison B  
Leo E-Y  
Lucy F  
Mason F  
Brock G  
Keyleigh H

George H  
Jack H  
Summer H  
Mia H  
Woody H  
Alannah J  
Alex J  
Jack L



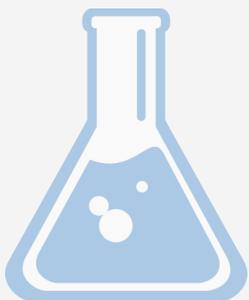
## Science Club returns!

Science Club was a student favourite last year as they were able to get stuck into lots of exciting experiments from making fake blood and bath bombs to studying finger prints and human hair.

Science Club will return on Wednesday 7 November each week at 3:05 - 3:45 pm.

We will be running a one off Year 7 introductory club on Wednesday 10 October.

If you are interested, Mr Lee will be in D01.



## Calling all girls!



## Girls Football

The football team are looking for girls from any year group to join. If you are interested just turn up at the Sports Centre after school on Monday.

**Tamworth Rugby Club** are calling Year 7 or 8 girls to join their U13s rugby team. They train on a Tuesday and Thursday at 6:30 pm. Contact them if you are interested.



## Is Performing Arts your thing? Have you thought about Stage Coach?



Did you know that you can try Stagecoach for 2 weeks before signing up for the whole term? For just £50 for the Main School (children aged 6 to 18) you can experience fun-tastic classes first hand. The

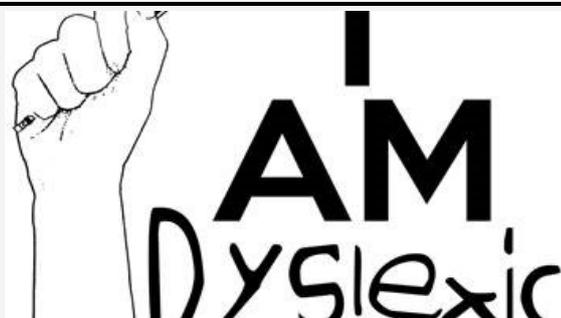
Autumn Term is already underway and there are lots of exciting plans in store for the students – so what are you waiting for! Book your two week trial now by contacting Principal Jane on 01827 780344, or email tamworth@stagecoach.co.uk They look forward to welcoming you to the school!

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## Dyslexia Awareness

QEMS and Sixth Formers welcomed Dig-iT Dyslexia group who presented 'I am Dyslexic: The Movie' with special guests including the film maker Thom Davies, puppeteer Andy Watson and Heritage Sector Officer, Becki Morris. Students found this very insightful and felt that they had more understanding of the difficulties that those diagnosed with Dyslexia face and how they overcome them.



## Stressed? Anxious? Feeling low? MINDFUL GROWTH SESSIONS COULD HELP YOU!!

### What are they?

The sessions combine the ideas of Mindfulness and Growth Mindset to 'train' your mind to cope with stressful life events, challenges and negative emotions. The aim is to learn coping strategies, and build self-confidence and self-esteem in order to improve your overall wellbeing. There are multiple studies that have shown sessions like this have a hugely positive impact on mental health and wellbeing.

### What will happen in them?

The programme will consist of short sessions over a few weeks which may include; meditation and relaxation techniques, strategies on how to challenge negative thoughts and emotions, keeping a brief thoughts/ feelings/ events diary and group discussions. It is intended that these sessions will not interfere with free time or lesson time, and everything discussed within the sessions will be kept confidential, unless there is a safeguarding risk.

### Who could benefit?

Everyone and anyone! Including:

- If you are feeling stressed, anxious or low
- If you are worried about exams, school work or any aspect of your school life
- If you have experienced stressful or upsetting events
- If you are having problems at home or socially
- If you have a mental or physical condition which makes daily life challenging
- If you just want to take a moment to be calm and relax each day.



### Why are these taking place?

The aim of these sessions is to improve overall wellbeing and mental health. It also forms part of a research study into strategies to support improvement in wellbeing – you could be a vital part of this! All your information will be kept private and, if you are interested, you will receive a pack with more detailed information about the study.

### I'm interested! What shall I do?

If you are interested, please come to see Miss Atherton in L1 for a letter and more information. If you have any questions, you can also e-mail: [ratherton@lfatq.org.uk](mailto:ratherton@lfatq.org.uk).