

This Week's Menu

Week 3

Week Commencing 19th November 2018

	Main Dish Counter 2	Carbohydrates Counter 2	Vegetables Counter2	Desserts Counter 2	Alternative Dishes Counter 1 & Island
Monday	Beef Bolognese or Spanish Omelette	Spaghetti or Jacket Potatoes	Selection of Vegetables or Salad	Selection of Desserts or Fresh Fruit or Yoghurts	Pasta King or Jacket Potatoes or Assortment of Sandwiches
Tuesday	Paprika Pork or Mushroom Stroganoff	Rice with Peas Or Noodles	Selection of Vegetables or Salad	Selection of Desserts or Fresh Fruit or Yoghurt	Pasta King or Jacket Potatoes or Assortment of Sandwiches
Wednesday	Lamb & Onion Pie or Jamaican Slice	Wedges or New Potatoes	Selection of Vegetables or Salad	Selection of Desserts or Fresh Fruit or Yoghurts	Pasta King or Jacket Potatoes or Assortment of Sandwiches
Thursday	Roast Dinner or Vegetable Tian	Sweet Potato Mash or Roast Potatoes	Selection of Vegetables or Salad	Selection of Desserts or Fresh Fruit or Yoghurt	Pasta King or Jacket Potatoes or Assortment of Sandwiches
Friday	Fish & Parsley Sauce or Macaroni cheese	Chips	Selection of Vegetables or Salad	Selection of Desserts or Fresh Fruit or Yoghurt	Pasta King or Jacket Potatoes or Assortment of Sandwiches