

This Week's Menu

Week 4

Week Commencing 28th January

Monday

Tuesday

Wednesday

Thursday

Friday

	Main Dish Counter 2	Carbohydrates Counter 2	Vegetables Counter2	Desserts Counter 2	Alternative Dishes Counter 1 & Island
Monday	Rich Beef Pie Or Vegetable Puff	Creamy Mash or Sauté Potatoes	or Salad	Selection of Desserts or Fresh Fruit or Yoghurts	Pasta King or Jacket Potatoes or Assortment of Sandwiches
Tuesday	Greek Lamb or Cheese Pasta Bake	Focaccia Bread or Fondant Potato	or Salad	Selection of Desserts or Fresh Fruit or Yoghurt	Pasta King or Jacket Potatoes or Assortment of Sandwiches
Wednesday	Chicken Madras or Sweet & Sour Vegetables	Rice or Jacket Potato	or Salad	Selection of Desserts or Fresh Fruit or Yoghurts	Pasta King or Jacket Potatoes or Assortment of Sandwiches
Thursday	Roast Dinner or Mushroom Roast	Rosemary Roast Potatoes or Boiled Buttered Potatoes	Carrots, Cauliflower Chees or Salad	Selection of Desserts or Fresh Fruit or Yoghurt	Pasta King or Jacket Potatoes or Assortment of Sandwiches
Friday	Beef Burger in a Bap or Cheese & Onion Pie	Chips	Baked Beans, Mushy Peas or Salad	Selection of Desserts or Fresh Fruit or Yoghurt	Pasta King or Jacket Potatoes or Assortment of Sandwiches