| l. Forces keywords |  |
| :--- | :--- |
| Force | Something that makes a change hap- <br> pen |
| Magnitude | The value of a force in newtons |
| Scalar | Things that have magnitude but not <br> direct |
| Vector | Things that have a magnitude and a <br> direction. Forces are always vectors |
| Contact force | Can only act when two things touch |
| Non-contact <br> force | Can act on things not touching <br> Balanced <br> (forces) <br> Unbalanced <br> (forces) <br> Resultant (force) <br> When forces are equal and opposite <br> each other also called equilibrium |
| When opposing forces are not equal to <br> each other |  |
| The overall force once all the forces are |  |
| considered |  |


| 2. Types of force |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Force | Between |  | Contact or non-contact |  | Example |
| Friction | Two moving surfaces |  | Contact |  | Brakes |
| Upthrust | An object and water |  | Contact |  | Boat |
| Reaction | Two stationary objects |  | Contact |  | Book on shelf |
| Air resistance | A moving object and air |  | Contact |  | Plane |
| Gravity | Two masses |  | Non-contact |  | You and the earth |
| Tension | Two ends of an elastic material |  | Contact |  | Spring |
| Magnetic | Magnets and magnetic materials |  | Non-contact |  | Magnet picking up a nail |
| 3. Calculating weight |  | 4. Calculating work |  | 5. Hooke's law |  |
| Symbol | Name | Symbol | Name | Sym bol | Name |
| W | Weight (N) | W | Work (J) | F | Force (N) |
| m | Mass (Kg) | F | Force (N) | k | Spring constant (N/m) |
| 9 | Gravitational field strength | s | Distance (m) | e | Extension (m) |
| On earth $\mathrm{g}=10 \mathrm{~N} / \mathrm{kg}$ |  | $\begin{gathered} \text { W }=F \times s \\ \text { Work done }=\text { Force } \times \text { Dis- } \\ \text { tance } \end{gathered}$ |  | $\begin{gathered} F=k \times e \\ \text { Force }=\begin{array}{c} \text { Spring constant } x \\ \\ \text { Extension } \end{array} \end{gathered}$ |  |



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| 6. Energy stored in a spring |  |
| :---: | :--- |
| Symbol | Name |
| Ep | Elastic potential <br> energy stored <br> $(\mathrm{J})$ |
| $1 / 2$ | Half (0.5) |
| $k$ | Spring constant <br> $(\mathrm{N} / \mathrm{m})$ |
| e | Extension (m) |
| $\mathrm{Ep}=1 / 2 \mathrm{ke}^{2}$ |  |

To calculate extension:

1. Measure the original length of the object 2.Measure the stretched length of the object 3.Extension = stretched length original length

| 8. Calculating pressure |  | h | Height (m) |
| :---: | :---: | :---: | :---: |
| Symbol | Name |  |  |
| F | Force (N) | $\rho$ | Density (kg/m³) |
| P | $\left.\begin{array}{l} \text { Pressure } \\ \left(\mathrm{Pa}=\mathrm{n} / \mathrm{m}^{2}\right) \end{array}\right) \quad \mathrm{P}=\mathrm{p} \boldsymbol{\rho}$ |  |  |
| A | Area $\left(m^{2}\right)$ |  |  |



| 11. Keywords |  |
| :--- | :--- |
| Speed | Distance $\div$ time. Scalar quantity |
| Velocity | Distance (in a certain direction) $\div$ time. Vector <br> quantity |
| Distance | How far and object moves. Scalar quantity |
| Displacement | The straight line distance from the start point to the <br> end point. Vector quantity |
| Terminal ve- <br> locity | The maximum speed reached when the forces are <br> balanced |


| 12. Typical speeds |  |
| :--- | :--- |
| Walking | $1.5 \mathrm{~m} / \mathrm{s}$ |
| Running | $3 \mathrm{~m} / \mathrm{s}$ |
| Cycling | $6 \mathrm{~m} / \mathrm{s}$ |
| Sound | $330 \mathrm{~m} / \mathrm{s}$ |

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| 13. D/T graph keywords |  |  |
| :--- | :--- | :--- |
| Keyword | Meaning | Position on dis- <br> tance time graph |
| Accelerate | Speeding up | 1 |
| Decelerate | Slowing down | 2 |
| Constant speed | Staying the same <br> speed | 3 |
| Stationary | Not moving | 4 |
| Speed | Distance covered in <br> a certain time | The steepness of <br> the line |


| 15. Uniform acceleration |  |
| :--- | :--- |
| $\mathrm{V}^{2}-\mathrm{u}^{2}=2 \mathrm{aS}$ |  |
| V | Final velocity (m/s) |
| $\mathbf{u}$ | Start velocity $(\mathrm{m} / \mathrm{s})$ |
| $\mathbf{a}$ | Acceleration $\left(\mathrm{m} / \mathrm{s}^{2}\right)$ |
| $\mathbf{S}$ | Distance $(\mathrm{m})$ |


| 9. Forces and braking |  |
| :--- | :--- |
| Stopping dis- <br> tance | The thinking distance + braking distance |
| Thinking distance | The distance travelled in the time it <br> takes to react (typically 0.2s) |
| Factors affecting <br> thinking distance | 1.Tiredness 2.Drugs 3.Alcohol <br> 4.Distractions (phones) |
| Braking distance | The distance travelled under a braking <br> force |
| Factors affecting <br> braking distance | 1.Road conditions (ice, water) 2.Tyre <br> condition 3.Brake condition |



| 10. Momentum (HT ONLY) |  |  |
| :--- | :--- | :--- |
| P | Momentum <br> (Kgm/s) |  |
| m | Mass (Kg) |  |
| v | Velocity (m/s) |  |
| Conservation of <br> momentum | The total mo- <br> mentum before <br> =the total mo- <br> mentum after |  |



| 17. Newtons laws of motion |  |
| :--- | :--- |
| $1^{\text {st }}$ | If the resultant force on an object is zero the object either remains stationary <br> or at a constant speed |
| $2^{\text {nd }}$ | Force $=$ mass $\times$ acceleration |
| 3 ra | When two objects interact the forces are equal and opposite |

