

## 1. Forces

### FORCES

Forces change the speed, shape or direction of an object.

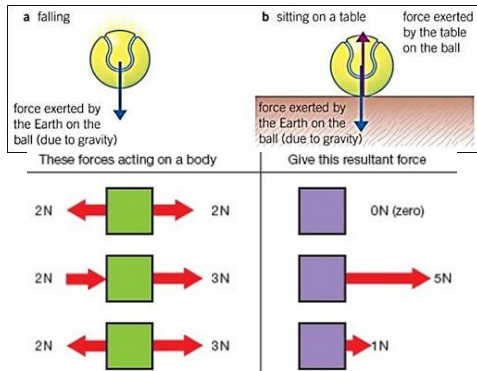
Force arrows show the direction AND size of the force.

Forces always come in pairs; interaction pairs.

Forces can be measured with a newton-meter (force meter).

Forces are measured in newtons (N).

The size and direction of a resultant force determines how (and if) an object will move.



All stationary objects are in equilibrium. The resultant force is zero.  
Objects moving at a steady speed have a resultant force of zero.

CONTACT FORCES	NON-CONTACT FORCES
Reaction force	Magnetism
Tension	Electrostatic
Friction & air resistance	Gravity
Applied force	

## 3. Speed and acceleration

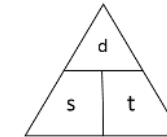
Speed is measured in miles per hour (mph) or kilometres per hour (km/h).

The speed of an object is always relative to the speed of the observer.

$S$  = speed (m/s)

$d$  = distance (m)

$t$  = time (s)

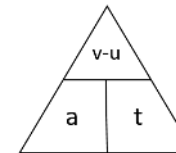


Acceleration is the rate of change in an object's velocity.

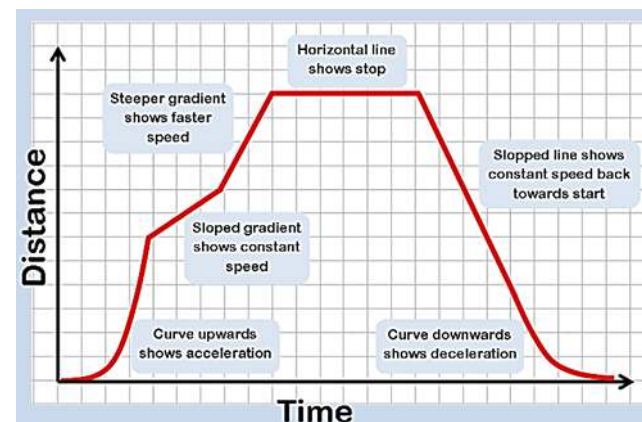
$v-u$  = end velocity—start velocity (change in velocity)

$a$  = acceleration ( $m/s^2$ )

$t$  = time (s)

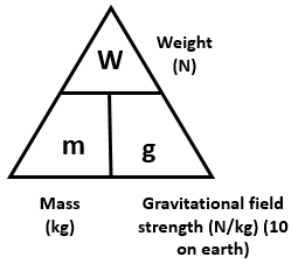


## 2. Distance time graphs



KEYWORD	DEFINITION
<b>Acceleration</b>	How quickly speed increases or decreases.
<b>Air resistance (drag)</b>	The force on an object moving through air that causes it to slow down.
<b>Average speed</b>	The overall distance travelled divided by overall time for a journey.
<b>Balanced</b>	Forces acting on an object that are the same size but act in opposite directions.
<b>Contact forces</b>	Force that acts by direct contact; e.g. friction
<b>Distance-time graph</b>	A graph that shows how far an object moves each second.
<b>Driving force</b>	The force that is pushing or pulling something.
<b>Equilibrium</b>	State of an object when all forces are balanced.
<b>Friction</b>	Force opposing motion which is caused by the interaction of surfaces moving over one another.
<b>Gravitational field strength</b>	The force from gravity on 1kg (N/kg)
<b>Gravitational force/ gravity</b>	A non-contact force that acts between two masses.
<b>Interaction pairs</b>	When two objects interact there is a force on each one that is the same size but in opposing directions.
<b>Mass</b>	The amount of matter 'stuff' in an object (kg).
<b>Newtons (N)</b>	Unit for measuring forces (N)
<b>Non-contact force</b>	Force that acts without direct contact, e.g. magnetism.
<b>Resistive forces</b>	Any force that acts to slow down a moving object.
<b>Resultant force</b>	Single force that can replace all the forces acting on an object and have the same effect.
<b>Speed</b>	How much distance is covered in a given time.
<b>Unbalanced</b>	Opposing forces on an object that are unequal.
<b>Weight</b>	The force of gravity due to the Earth (planet/ moon) on an object. Measured in N.

## 4. Mass and weight



## 5. Energy Stores and Transfers

### ENERGY STORES:

Chemical  
Thermal  
Elastic  
Kinetic  
Gravitational potential  
Nuclear  
Magnetic  
Electrostatic

*(Revision tip: use the first letter of each store to write a mnemonic to help you remember them).*

### Energy is transferred by:

Heating  
Mechanically (by movement/ change in position)  
Electric current  
Waves (sound & light)

### KEYWORD

### DEFINITION

<b>Chemical energy store</b>	Emptied during chemical reactions when energy is transferred to surroundings; e.g. burning fuel.
<b>Dissipation</b>	Becoming spread out wastefully to the surroundings.
<b>Elastic energy store</b>	Filled when a material is stretched or compressed; e.g. stretching a spring.
<b>Energy</b>	Energy is needed to make things happen.
<b>Energy resources</b>	Something with stored energy that can be released in a useful way.
<b>Fossil fuels</b>	Non-renewable energy resource formed from dead animals and plants, millions of years ago. E.g. coal, oil and natural gas.
<b>Gravitational potential energy store</b>	Filled when an object is raised; e.g. book on a shelf or when climbing a ladder.
<b>Joules</b>	The unit of energy, symbol J 1 kilojoule (kJ) = 1000 J
<b>Kinetic energy store</b>	Filled when an object speeds up/ moves; e.g. when a car accelerates.
<b>Law of conservation of energy</b>	Energy cannot be created or destroyed, only transferred between stores.
<b>Non-renewable</b>	An energy resource that cannot be replaced and will be used up, such as coal, oil or gas, or nuclear.
<b>Renewable</b>	An energy resource that can be replaced and will not run out; e.g. solar, wind, waves, geothermal and biomass.
<b>Thermal energy store</b>	Filled when an object is warmed up; e.g. heating water in a kettle.

## 6. Energy

Energy can be **dissipated/ wasted** due to **friction** (energy transferred to a thermal store / sound) or when objects get **hot** and transfer energy to anything at a lower temperature.

The efficiency of an appliance can be calculated by:

$$\text{Efficiency} = \frac{\text{Useful Energy Output}}{\text{Energy Input}} \times 100\%$$

## 7. Energy Transfers

**Energy Transfer: The movement of energy from one store to another.**

Energy Transfer	How it transfers
Mechanical Working	Physical movement
Electrical Working	Movement of charge in electrical currents
Heating	Via conduction or convection
Radiation	Light, sound or heat

## Energy Key points

Theory	Definition
Conservation of energy	Energy cannot be created or destroyed Energy can only change store within a system
Dissipation of energy	Energy if lost from a system, spreads out, often as heat
System	Is an object or group of objects
Wasted energy	Energy that is not usefully transferred

### REDUCING ENERGY USE

Use fewer appliances, Use appliances with a lower power rating, Use appliances for fewer hours.  
Insulate the home; this reduces the rate at which energy is transferred to surroundings; reducing need to heat the house.