

ACADEMY NEWSLETTER



CURIOSITY COMPASSION COURAGE

TERM 4 - 23 FEB-27 MAR

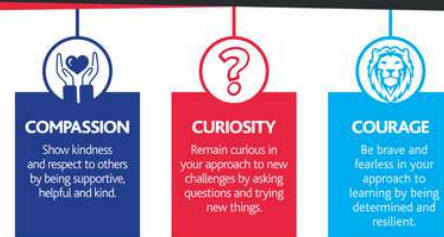


WELCOME

Delighted to share with you another term of sporting, literacy, health and community activities that our students and staff have been involved in. Also excited to share with you up and coming plans for our Parent Teacher Association, please do let us know if you can help or support in any way.

The academy will be open during the break for House competition rehearsals and for Easter School for our Year 11 and 13 students.

Wishing our families a wonderful Easter break.



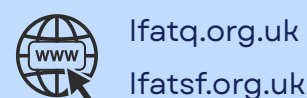
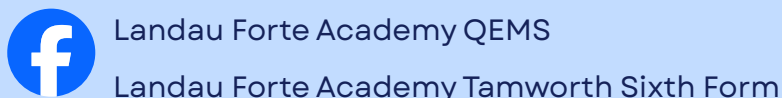
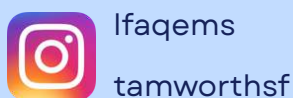
IN THIS MONTH'S EDITION

- Safeguarding
- Careers
- PTA Launch
- Celebration Evening
- Tamworth Park Run Takeover
- World Book Day
- Yr 8 Sports Hall Athletics
- QEMS Netball
- Yr 8 Basketball
- Next Generation Football Academy
- KS3 Badminton
- House Championship
- Restaurant Menus & Dress Code
- Attendance

UPCOMING KEY DATES

- Mon 13 Apr - Term Begins
- Thurs 16 Apr - Yr 8 Parents Evening
- Thur 23 Apr - House Music
- Wed 29 Apr - External Examinations
- Thur 30 Apr - Yr 6 Welcome Evening
- Mon 04 May - Bank Holiday
- Thurs 07 May - Polling Day
- Fri 08 May - Silver DofE
- Thurs 14 May - Yr 7 Parents Evening
- Fri 22 May - End of Term

- Mon 01 June - Term Begins





Please use the following email when emailing with safeguarding concerns
safeguarding@lfatq.org.uk



Miss Robbins
 Deputy Designated Safeguarding
 and Mental Health Lead
 HRobbins@lfatsf.org.uk

Mrs Wright
 Designated Safeguarding and
 Mental Health Lead
 CWright@lfatsf.org.uk

Wellbeing tips for half term break

Maintain Some Structure: Whilst holidays allow for relaxation, maintaining a loose routine for wake-up times, meals, and bedtimes provides stability and reduces anxiety when students return to a school routine.

Go Outdoors: Get out of the home whether it's a walk, visiting somewhere outside or even gardening to improve mood or stress.

Encourage Self-Care & Creativity: Take the time to tidy bedrooms, organise school bag and equipment or take part in household activities like cooking.

Open Communication: Create a "worry box" or hold a family meeting where kids can talk about anything that is bothering them in a safe space.

Plan Ahead for Returning: To ease back-to-school anxiety, prepare clothes, bags, and check school timetables a few days before the holiday ends, not the last minute.

Model Calmness: If your child is stressed, try to manage your own stress levels through breathing or exercise to help them feel more secure.

Encourage Peer Connection: Support your child in seeing friends where you can rather than just talking online, as social interaction is crucial for their well-being. Keep an eye on screen time.

For more information see [YoungMinds](#) | [Mental Health Charity For Children And Young People](#) | [YoungMinds](#)

I hope that everyone has a restful break and that the weather is kind to us!

See you all after the break.

THE MENTAL HEALTH SUPPORT TEAM IN SCHOOLS ARE OPEN OVER THE SCHOOL HOLIDAYS

Monday 30th March - Friday 10th April, 2026

If your child is experiencing low level mental health difficulties, we may be able to help. Call us between 9am - 5pm (Monday to Friday), leave your name and number and one of our practitioners will give you a call back to see what support we can offer.

We can help with:
 • Low mood
 • Anxiety
 • Sleep difficulties
 • Worry
 • Panic

Contact the MHST on
01283 504487

*Please note that these contact numbers are not to be used in an emergency.

TAMWORTH MHST

Schools we work with:

- Kettlebrook Short Stay
- Landau Forte Academy Qems
- Moorgate Primary Academy
- St Elizabeth's Catholic Primary
- Two Rivers High School
- Oakhill Primary School
- Glascoate Academy
- Lakeside CP School
- Amington Heath Primary
- Two Rivers School
- Ankermoor Primary Academy
- Landau Forte Amington
- Two Gates Primary
- Hanbury's Farm Primary
- Lift Tamworth (TEC)
- Landau Forte Academy 6th Form
- Ashcroft Infants School
- Florendine Primary School
- Dosthill Primary School
- Landau Forte Academy Greenacres
- Anker Valley Primary School
- The Woodlands Community Primary
- Birds Bush Primary
- Three Peaks Primary Academy
- Stoneydelph Primary
- The Wilnecote School
- Wilnecote Junior School
- Heathfields Infant Academy

ANXIETY

LOW MOOD

If you are a parent, and would like to learn ways to help support your child with anxiety and low mood, please access the QR codes below where you can view a pre recorded workshop

CAREERS



Mr Carter - Careers Lead

If you have any questions please do not hesitate to contact me - scarter@lfatsf.org.uk.



This term has been predominantly focused on future pathways and making informed career choices. Year 10s have been introduced to post-16 pathways which includes the new V Levels from Autumn 2027, whilst Year 12s have had assemblies on the access and use of Labour Market Information and an introduction to Higher Education Pathways.

Students in Years 12 and 10 continue to secure exciting work experience placements for 29 June-03 July, and 06 July-10 July. Thank you to those parents who have responded to the Year 10 Work Experience placement request. If you or your

employer are willing to host some of our students for a week and provide them with a meaningful insight into your world of work, please scan the QR code below and complete the survey!



If you or your employer would like to get involved in our careers programme in any way, or if you would like to provide any feedback on the careers programme on offer, please scan the QR code.



PTA LAUNCH

Next term will see the launch of our PTA! We are seeking volunteers to help strengthen our school community. Your views will help us choose the right priorities and events.

Whether you are a parent, carer, grandparent, aunt or uncle, everyone is welcome to join!

If you would like to get involved in the setting up and running of our PTA, please send your expressions of interest to:

LFTSFQ-PTA@lfatsf.org.uk

We look forward to welcoming you!

WE NEED YOU JOIN OUR PTA

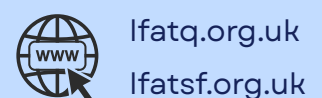
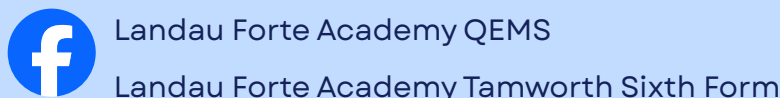
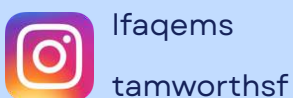
Why join?
To help strengthen our school community. Your views will help us choose the right priorities and events.

Who can join?
Parents, Grandparents, Aunts, Carers, Uncles

Everyone is welcome to join and support our PTA!

Activities: Sports Day, Year 7 Induction Day, Fundraising, Celebration Assemblies

If you would like to get involved in the setting up and running of our PTA, please send expressions of interest to LFTSFQ-PTA@lfatsf.org.uk



CELEBRATION EVENING



On Tuesday 24 February, we hosted our first Celebration Evening of the academic year! We had so much to celebrate with our students receiving awards for reaching their own academic or personal potential. A big congratulations to all of our students who received awards - we are so proud of their achievements!



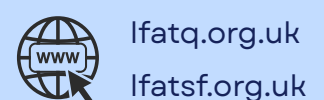
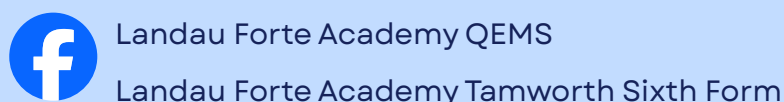
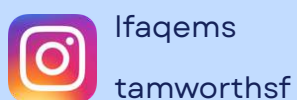
TAMWORTH PARK RUN TAKEOVER



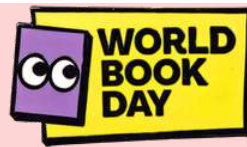
Event #110 at Tamworth Castle Grounds was a fantastic morning for parkrun. With 431 participants, it was the second-highest attendance ever recorded at the event – 13 fewer than the course record and an impressive 32 higher than the third-highest turnout. Alongside that, there was also a joint second-highest volunteer roster of 42, showing the incredible community support behind the scenes.

It was wonderful to see the involvement from Landau Forte Academy QEMS and Tamworth Sixth Form, with over 40 staff and students completing their very first parkrun, with more than 60 staff and students participating overall, and likely closer to 100 when family members are included – a brilliant example of a community coming together through physical activity.

A special mention to one of our Sixth Form students, Isabelle, who acted as Run Director as part of her DoFe Gold Award!



WORLD BOOK DAY



On Friday 06 March, we celebrated the power of books at QEMS on World Book Day!

2026 is the National Year of Reading, and it was wonderful to see the number of students and staff showcasing their best book-inspired outfits, raising over £300 towards enriching our school libraries!

It was a day full of adventure and sparked some really interesting conversations about books and reading. A huge well done to all students for making this day so magical!



Wooden Spoon Winners

 Eva H 3rd	 Olivia K 1st	 Ella R 2nd	 Millie D 4th
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Another huge well done to all students that took part in our World Book Day competition, it was wonderful to see all of your decorated wooden spoons inspired by your favourite book characters!

Congratulations to our winners

- 1st Place – Oliva – Offa house
- 2nd Place – Ella – Guy house
- 3rd Place – Eva – Freville house
- 4th Place – Millie – Peel house

YR 8 SPORTS HALL ATHLETICS

A huge congratulations to our Year 8 Sports Hall Athletics Teams. After both winning the district competitions and qualifying for the county finals, both teams finished in the bronze medal position! An amazing achievement and such a great day. They all competed with courage and showed excellent team work throughout! Well done!



QEMS NETBALL



Congratulations to our Year 7 Netball Teams for their performances at the Tamworth Schools Netball Tournament on Thursday 19 March.

Team Landau QEMS in black bibs won the tournament overall, with straight wins! Team Forte QEMS in pink bibs came fourth overall! A fantastic effort from both groups of girls. Well done!

Our mixed age group Netball team finished 3rd in the Year 10 netball tournament. In a team which only boasted 2 Year 10s, this was great experience for our Year 8 and 9 students, who demonstrated our Academy values in abundance. The tournament was rounded off on a high with a dominant 6-2 victory.

A special mention to Coach Tilly, a current Sixth Form student, stepping in to coach the girls at late notice.



JUNIOR NBA

Our Year 8 team played their first junior NBA fixture last half term against an experienced club-based team of Chasetown. Despite the loss and difficult level of opposition, the team demonstrated a high amount of courage and cohesion.

A huge well done to this team as for some of them, it was their very first competitive basketball game. Thank you to Sixth Form student Jaici for officiating, and our two Year 10 students Leon and Kobi for time keeping and assistant coaching.

We look forward to upcoming fixtures for this Yr 8 team and our other year groups!



Our Year 8 and 9 mixed Basketball team competed in the latest round of fixtures in the Junior NBA, challenging Phoenix Collegiate (Mavericks) and Chase Terrace (Pelicans).

The boys had a great afternoon with back to back fixtures and whilst they did not get the results they wanted, Coach Wayne saw definite improvements and competitive spirit, with impressive team defence against both opponents. It's onwards and upwards for this rapidly developing team.



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tamworthsf



Landau Forte Academy QEMS
Landau Forte Academy Tamworth Sixth Form



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lfatsf.org.uk

COUNTY CUP FINALISTS Our Year 7 girls arrived full of energy, focus and optimism ahead of their County Cup semi-final clash vs Churnet Valley Middle School, fully focused on the task at hand. It was a huge team performance and a fully deserved place in the County Cup Final. ⚽



The game began cautiously, with both sides settling into the contest. A handful of long-range efforts tested the goalkeeper early on, but they were dealt with confidently to keep the score at 0-0. Defensively, the back three of Presley, Matilda and Chloe were outstanding. They showed great organisation and composure throughout, containing the opposition's lively forward line. As the first half progressed, we began to take control, with Aubree and Jayda dominating the midfield battle, dictating the tempo and creating opportunities. The breakthrough came through with captain Zara, whose excellent footwork and perfectly weighted pass split the defence for Aubree to calmly poke home and give us a deserved 1-0 lead.

The second half was a completely different challenge. The opposition came out with real intent, throwing everything forward in search of an equaliser, which meant the girls had to raise their level once again. This was where Olivia truly made her mark. Under intense pressure, she produced a series of fantastic saves in quick succession. Alongside some determined, last-ditch defending from the team, everyone dug deep to protect the lead. Despite the pressure, we remained a threat going forward, with Aubree producing a moment of brilliance, worthy of winning any football match, beating three players before smashing an unstoppable strike into the top corner. There was still time for late drama as the opposition created one final opportunity, but Olivia produced another outstanding save, clawing the ball away from the top corner to preserve the clean sheet. Moments later, the final whistle blew.

Player Of The Match - Olivia

Tamworth Sixth Form secure their Play-Off Semi Final spot with a 3-1 victory over Alderbrook.

A tough game and a great win for the group, moving us one step closer to the final.

After falling short in last year's final, the focus now is clear – keep progressing and go and win the competition.



KS3 BADMINTON

A huge congratulations to our Key Stage 3 Boys Badminton team, who won the Tamworth School Badminton competitions during the last week of term, with only 1 defeat throughout the tournament! All players showed courage and determination during both singles and doubles games and performed with great team spirit!



HOUSE UPDATES



House System Update: A Term Full of Energy, Talent & Healthy Competition

Our house competitions have brought a fantastic sense of excitement and teamwork to school life. Students have been taking part with enthusiasm, creativity, and a great deal of house pride.

House Points – Current Rankings

The standings are still close enough that any upcoming event could completely reshuffle the order.

1. Guy – 77,432 - Quietly pretending they're not thrilled to be in the lead... but we can see the smiles.
2. Peel – 75,834 - Chasing the top spot like they've just remembered they left the oven on.
3. Freville – 72,522 - Planning a dramatic comeback, probably involving glitter, strategy, and determination.
4. Offa – 67,349 - The lovable underdogs, gathering momentum like a kettle just about to boil.

House Events League Standings

1. Freville – 25 points - Neck-and-neck at the top, Freville are giving 'quiet confidence' energy.
2. Guy – 25 points - Matching Freville point for point like a very polite rivalry.
3. Offa – 20 points - Closing in fast, Offa love a dramatic rise in the rankings.
4. Peel – 18 points - Slightly behind but plotting something big, possibly involving teamwork... or snacks.

World Book Day Highlights

World Book Day brought a fantastic display of imagination and participation:

- Wooden Spoon Character Competition – Won by Offa, with expressive spoon-people full of charm.
- Best Dressed Teacher – Miss Wilson secured valuable points for Freville with a truly standout costume.
- Book Bunting Competition – Guy produced a detailed bunting that added to their growing list of wins.

Thank you to all students and staff who got involved, the creativity this year was outstanding.

House Dance and Music – Thursday 23 April

Our next major event, House Dance and Music, takes place on Thursday 23 April. This event is always packed with talent, teamwork, and a few unexpected musical surprises. Lead singer of the D-Day Darlings, Katie Ashby will be joining us as a judge for the contest.

A donation bucket will be available at the door, with all funds supporting resources for future house events.

Design Opportunity for Students

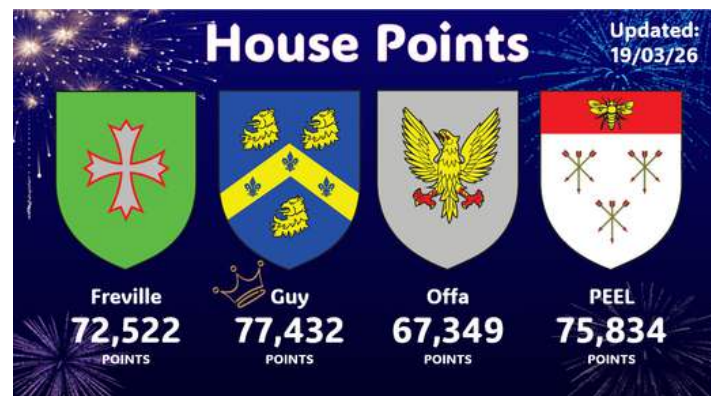
We are inviting students to design house banners, flags, and visual displays to represent their house at upcoming events. All designs can be handed to Mr Bullock, who is very much looking forward to seeing what students create.

We are incredibly proud of how our students continue to show teamwork, creativity, and enthusiasm across all house events. With more exciting challenges to come, we look forward to seeing how the houses progress throughout the rest of the year.

QEMS HOUSE LEAGUE

Updated: 19/03/26

Pos	Team	P	1st	2nd	3rd	4th	Pts
1	Freville	9	4	1	2	2	25
2	Guy	9	2	5	0	2	25
3	Peel	9	1	2	2	4	18
4	Offa	9	2	0	5	2	20



RESTAURANT MENUS

QEMS TAMWORTH SIXTH FORM

This Weeks Menu

Week Commencing Monday 13 April
Monday 18 May

Red - Meat
Green - Veg
Purple - Round the World day
Black - Veg and Meat choice
Blue - Fish

	Main Dish - £2.60	Alternative Dish	Snack 1	Snack 2	Grab Bag - £2.60
Monday	Sausage Roll Cheese and Potato Pie	Jacket Potato Wraps Pasta King Homemade Soup	Beefburger	Mozzarella Sticks	Sandwich Biscuit or Fruit Drink
Tuesday	Lasagne Vegetable Lasagne	Jacket Potato Wraps Pasta King Homemade Soup	Loaded Potato Wedges	Chicken Strips	Sandwich Biscuit or Fruit Drink
Wednesday	Round the World Wednesday INDIAN DAY	Jacket Potato Wraps Pasta King Panini	Lattice Potato Fries	Tandoori Chicken Flatbread	Sandwich Biscuit or Fruit Drink
Thursday	Roast Turkey Cauliflower Cheese	Jacket Potato Wraps Pasta King Homemade Soup	Cheese and Bean Panini	Pizza Slice	Sandwich Biscuit or Fruit Drink
Friday	Fish Fingers Southern Fried Chicken	Jacket Potato Wraps Pasta King Panini	Hot Dog	Chips	Sandwich Biscuit or Fruit Drink



QEMS TAMWORTH SIXTH FORM

This Weeks Menu

Week Commencing Monday 20 April

Red - Meat
Green - Veg
Purple - Round the World day
Black - Veg and Meat choice
Blue - Fish

	Main Dish - £2.60	Alternative Dish	Snack 1	Snack 2	Grab Bag - £2.60
Monday	Hunters Chicken Cheese Omelette	Jacket Potato Wraps Pasta King Panini	Sausage Roll	Potato Spirals	Sandwich Biscuit or Fruit Drink
Tuesday	Cottage Pie Quorn Cottage Pie	Jacket Potato Wraps Pasta King Homemade Soup	Chicken Strips	Mozzarella sticks	Sandwich Biscuit or Fruit Drink
Wednesday	Round the World Wednesday CHINESE DAY	Jacket Potato Wraps Pasta King Panini	Cheese and Beans Baguette	BBQ Pulled Pork Baguette	Sandwich Biscuit or Fruit Drink
Thursday	Roast Pork Vegan Sausage and Yorkshire Pudding	Jacket Potato Wraps Pasta King Homemade Soup	Hot Dog	Chicken Wings	Sandwich Biscuit or Fruit Drink
Friday	Fishcake Zinger Chicken	Jacket Potato Wraps Pasta King Panini	Beefburger	Chips	Sandwich Biscuit or Fruit Drink

QEMS TAMWORTH SIXTH FORM

This Weeks Menu

Week Commencing Monday 27 April

Red - Meat
Green - Veg
Purple - Round the World day
Black - Veg and Meat choice
Blue - Fish

	Main Dish - £2.60	Alternative Dish	Snack 1	Snack 2	Grab Bag - £2.60
Monday	Chicken Korma Chicken Balti Paneer and Pepper Balti	Jacket Potato Wraps Pasta King Panini	Hot Dog	Cheese and Bean Bake	Sandwich Biscuit or Fruit Drink
Tuesday	Meatball Pasta Bake Vegetable Bolognese	Jacket Potato Wraps Pasta King Panini	Chicken Burger	Sausage Roll	Sandwich Biscuit or Fruit Drink
Wednesday	Round the World Wednesday MEXICAN DAY	Jacket Potato Wraps Pasta King Panini	Loaded Wedges	Chilli Nachos	Sandwich Biscuit or Fruit Drink
Thursday	Sausage Quorn Sausage Yorkshire Pudding	Jacket Potato Wraps Pasta King Panini	Mozzarella Sticks	Chicken Wings	Sandwich Biscuit or Fruit Drink
Friday	Fishcake Breaded Chicken	Jacket Potato Wraps Pasta King Panini	Pizza Slice	Chips	Sandwich Biscuit or Fruit Drink



OPERATION ENCOMPASS
In every force. In every school. For every child.



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Landau Forte Academy Tamworth Sixth Form



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lfatsf.org.uk

RESTAURANT MENUS



This Weeks Menu

Week Commencing Monday 04 May

Red - Meat
Green - Veg
Purple - Round the World day
Black - Veg and Meat choice
Blue - Fish

	Main Dish - £2.60	Alternative Dish	Snack 1	Snack 2	Grab Bag - £2.60
Monday	Beef Chilli Vegetable Chilli	Jacket Potato Wraps Pasta King Panini	Sausage Roll	Nachos	Sandwich Biscuit or Fruit Drink
Tuesday	Spicy Chicken Noodle Box Vegetable Chow Mein Box	Jacket Potato Wraps Pasta King Homemade Soup	Cheese and Bacon Potato Skins	Panini	Sandwich Biscuit or Fruit Drink
Wednesday	Round the World Wednesday ITALIAN DAY	Jacket Potato Wraps Pasta King Panini	Mozzarella Sticks	Pizza Bagel	Sandwich Biscuit or Fruit Drink
Thursday	Roast Chicken Cauliflower Cheese	Jacket Potato Wraps Pasta King Homemade Soup	Loaded Wedges	Pulled Pork and Cheese Baguette	Sandwich Biscuit or Fruit Drink
Friday	Fishcake Breaded Chicken	Jacket Potato Wraps Pasta King Panini	Beefburger Bean Burger	Chips	Sandwich Biscuit or Fruit Drink



This Weeks Menu

Week Commencing Monday 11 May

Red - Meat
Green - Veg
Purple - Round the World day
Black - Veg and Meat choice
Blue - Fish

	Main Dish - £2.60	Alternative Dish	Snack 1	Snack 2	Grab Bag - £2.60
Monday	Creamy Sausage and Onion Cheese and Bean Bake	Jacket Potato Wraps Pasta King Panini	Chicken Strips	Panini	Sandwich Biscuit or Fruit Drink
Tuesday	Cajun Chicken Drumsticks Spicy Bean Burger	Jacket Potato Wraps Pasta King Homemade Soup	Hot Dog	Pizza Slice	Sandwich Biscuit or Fruit Drink
Wednesday	Round the World Wednesday BEST OF BRITISH	Jacket Potato Wraps Pasta King Panini	Loaded Chicken Tikka Wedges	BBQ Sausage Panini Cheese and Bean Panini	Sandwich Biscuit or Fruit Drink
Thursday	Roast Pork Cheese and Potato Pie	Jacket Potato Wraps Pasta King Homemade Soup	Hot Dog	Chicken Wings	Sandwich Biscuit or Fruit Drink
Friday	Landau Chicken Shack	Jacket Potato Wraps Pasta King Panini	Beefburger	Mac and Cheese with Garlic Bread	Sandwich Biscuit or Fruit Drink

DRESS CODE



Uniform for QEMS students can be purchased online [here](#), or in-store from SKS Uniforms.

SKS Uniforms

46 Chartwell
Riverside
Tamworth
B79 7UG

ATTENDANCE

QEMS is supporting the Staffordshire Attendance Campaign 'I'm here'

Please see the link to the Staffordshire support on improved student attendance and well-being in the Academy along with an overview of how we will be launching the campaign below:

[I'm Here](#)

How we are going to do it:

- Launch the 'I'm here' campaign week commencing 13 April in year group assemblies.
- Collapse the QEMS tutorial programme week commencing 20 April to enable tutors to deliver 4 sessions on the 'I'm here' campaign.
- All students and staff to place the campaign QR code on the back of their Academy Lanyard.
- All students to answer the register with 'here' Miss/Sir.

What this campaign will nudge students to do:

- Talk to a friend, someone at home – or look for staff wearing the 'I'm here' badge. It means they're a safe person to go to if you're feeling anxious, low or just need someone to listen.
- QR Code and Apps: There are some great free apps out there designed to help students look after their mental health. They've got simple tools to help manage stress, handle tough emotions, and learn more about what's going on in your mind.
- All students to answer the register with 'here' Miss/Sir.



ATTENDANCE MATTERS

ATTEND TODAY ACHIEVE TOMORROW

Good attendance means being in school every day, ready to learn



- LEARN new things, and DEVELOP skills
- Make lots of FRIENDS and feel INCLUDED
- Increase CONFIDENCE and SELF ESTEEM
- Be part of a SCHOOL CLUB or TEAM
- IMPROVE your SOCIAL SKILLS

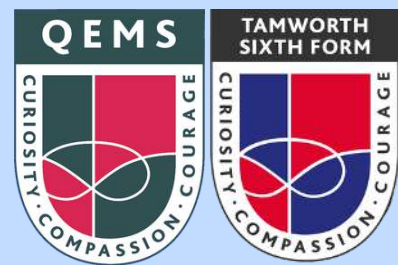
A reminder that our Academy attendance target is 96%. Thank you to all those families who continue to work with us to prioritise their child's learning. We appreciate your working with us to achieve the best outcomes for your child. Well done to Year 7 and Year 9 who continue to have the highest attendance this term which is well above 94% for both year groups.



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